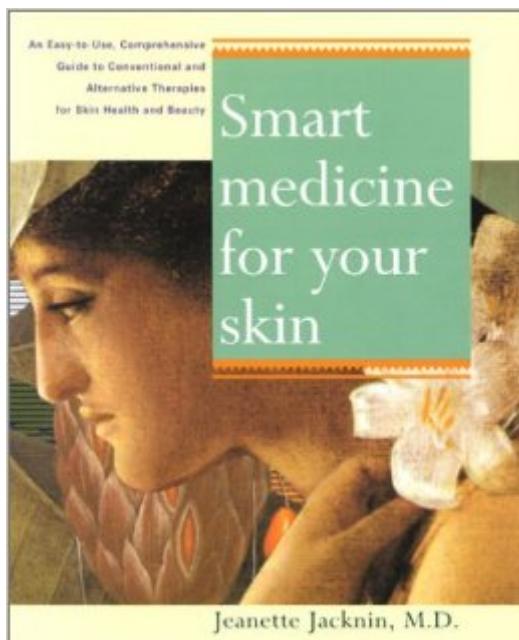


The book was found

Smart Medicine For Your Skin: An Easy Use Comph GT Undrstdg Conventional Alt Therapies Heal Common Skin Proble



Synopsis

An easy-to-use, comprehensive guide to conventional and alternative therapies for skin health and beauty.

Book Information

Paperback: 432 pages

Publisher: Avery (August 6, 2001)

Language: English

ISBN-10: 1583330984

ISBN-13: 978-1583330982

Product Dimensions: 9.2 x 7.4 x 1.1 inches

Shipping Weight: 1.5 pounds

Average Customer Review: 4.9 out of 5 starsÂ [See all reviewsÂ \(7 customer reviews\)](#)

Best Sellers Rank: #1,599,769 in Books (See Top 100 in Books) #91 inÂ Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care #322 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Skin Ailments #24567 inÂ Books > Health, Fitness & Dieting > Alternative Medicine

Customer Reviews

"Smart" is the word for this accurate, balanced dermatology guide that presents both traditional therapies and alternative medicine choices. Written for health care professionals, yet suitable for individuals who want to take charge of their own health, this is an excellent resource for skin care. Smart Medicine for Your Skin is immediately useful and accessible. As a family doctor, I refer to it frequently for conventional allopathic treatment modalities. What I like most however, is that it gives me multiple alternative therapies that I can review with patients. The explanations are easy to understand and my patients like to have choices. As a bonus, the reference section provides in-depth resources for further explanations, classified by condition. This section also provides helpful listings of manufacturers, publishers and organizations all easily accessible within the framework of this one book. It belongs on my bookshelf and I recommend it for yours. Harriet Schanzer, M.D.

Dr. Jacknin has written a thoroughly user-friendly guide to the common skin and nail ailments faced by everyone at some point in his or her life. The information is presented in layman terms with explicit definitions and descriptions which allow the reader to pinpoint his or her own areas of

concern. That information along with Dr. Jacknin's objective delineation of treatments available gives the reader the opportunity to make an informed decision about management of a skin or nail problem. This book is an excellent reference which should be alongside the medical encyclopedia in every home.

This beautiful and beautifully-written guide to skin care and common dermatologic problems provides a wealth of conventional and complementary treatment approaches. Written in terms easily understandable to the layperson, the book is comprehensive and informative. Dr. Jacknin translates medical concepts into very understandable lay terms and is thorough in her explanations.

"Smart Medicine for your Skin" written by Dr.Jeanette Jacknin is a highly readable and comprehensive book. It guides the reader in conventional and homopathic treatments with clear explanations and remedies. Detailed instruction for your hair, skin and nails, diagnosis procedures and stress reduction is a "must" for all who are interested in maintaining health. This is a great book.

[Download to continue reading...](#)

Smart Medicine for Your Skin: An Easy Use comph GT undrstdg Conventional alt Therapies Heal Common Skin Proble Get Younger Looking Skin Naturally: Advanced Skin Care (Aging, Skin problems, Eating for Beauty, Skin Care Routine, Skin Products, How to Age Well, Nails, Hair, Skin) US Army Technical Manual, DESTRUCTION OF CONVENTIONAL AMMUNITION AND IMPROVED CONVENTIONAL MUNITIONS (ICM) TO PREVENT ENEMY USE, TM 43-0002-33, 1993 Skin Picking: for beginners - How to recover from Skin Picking Disorder - What You Need To Know About Dermatillomania Treatment and Cure (Skin Picking ... - Skin Ailments - Skin Diseases Book 1) The Arthritis Bible: A Comprehensive Guide to Alternative Therapies and Conventional Treatments for Arthritic Diseases The Ultimate Guide To Skin Whitening: The Permanent, Most Effective Solution For Increasing Complexion And Having Beautiful Skin (Beautiful Skin, Improve ... Complexion, Become Fair, Skin Pigmentation) Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,) Apple's Homekit Smart Home Automation System Handbook: Discover How to Build Your Own Smart Home Using Apple's New HomeKit System (Smart Home Automation Essential Guides Book 7) Women's Encyclopedia of Natural Medicine: Alternative Therapies and Integrative Medicine for Total Health and Wellness The Whole Family Guide to Natural Asthma Relief: comph Drug Free solns for Treatment Prevention Asthma Allergies Surviving Your Deposition (Alt How to Use Tea Tree Oil - 90 Great Ways to Use Natures "Medicine Cabinet in

a Bottle" - Acne, Boils, Head Lice, Nail Fungus, Ringworm, Skin Tags, - Health ... Dilutions and Lots More! (What Is? Book 2) Pottkieker Light: Wie alt ist modern? (German Edition) Recover with GAPS: A Cookbook of 101 Healthy and Easy Recipes That I Used to Heal My ULCERATIVE COLITIS while ON THE GAPS DIET-Heal Your Gut Too! Essential Oils for Dogs: 100 Easy and Safe Essential Oil Recipes to Solve your Dog's Health Problems (Alternative animal medicine, Small mammal Medicine, Aromatherapy, Holistic medicine) Guide To Anti Aging Skin Care Treatment: Learn All You Need For Treating Aging Skin To Look Younger Than Your Age (Anti Aging Skin Care, Anti Aging Diet, ... Emu Oil, Retinol, Best Eye Cream, Book 3) The Top 10 Lyme Disease Treatments: Defeat Lyme Disease with the Best of Conventional and Alternative Medicine Optimal Health with Multiple Sclerosis: A Guide to Integrating Lifestyle, Alternative, and Conventional Medicine Optimal Health with Parkinson's Disease: A Guide to Integrating Lifestyle, Alternative, and Conventional Medicine La farmacia en casa / The At-Home Pharmacy: Remedios eficaces de la medicina naturista y convencional / Effective Remedies of Conventional and Herbal Medicine (Spanish Edition)

[Dmca](#)